

Q25

1. le amministrazioni pubbliche sono enti di terzo settore? Argomentare
2. la sussidiarietà e il terzo settore
3. Your job is never done as a social worker. It can be gratifying, but also stressful. One way to manage job-related stress is by starting your day positively, which you can achieve through a morning routine.

A morning routine serves several purposes. First, it helps you become centered, so your morning isn't just a flurry of activity leaving you feeling rushed, frazzled, and unprepared to help your clients meet their challenges. Second, it helps make time for bite-sized personal development that propels you forward without being overwhelming. Finally, it increases organizational skills, as morning routines work best if you prepare the night before.

I must confess that before creating a morning routine, I was guilty of hopping out of bed (at the last second), grabbing breakfast (or not), and running out the door. All of which was a recipe for disaster.

Marcus Aurelius had a saying that I believe is a mini blueprint for creating your perfect morning routine - one that helps you progress so that you can support your clients and manage any stressors that come along.

4. Quale di queste estensioni non indica un file di testo?  
JPG  
TXT  
DOC
5. Quale software è consigliato per creare calcoli e operazioni matematiche?  
Microsoft Excel  
Libre Office Writer  
Microsoft Power Point